

Recommended Restaurants

Auberge du Poids Public

Address: 31540 St. Felix Lauragais
Tel: 05 62 18 85 00
Chef: Claude Taffarello
Additional info: Three Forks. Open every day during the summer.
Prices: 26€/55€/97€

Le Cocagne

Address: Place de la Mairie, 31540 Saint Felix Lauragais
Tel: 05 61 83 00 02
Additional info:

Restaurant Lenclas

Address: Lac de Lanclas, 31540 Saint Felix Lauragais
Tel: 05 61 46 21 11
Additional info : Bar and Restaurant
Prices : 13€,23€,26€

L'auberge de Saint Julia

Address: Rue de Vinaigre, 31540 Saint Julia
Tel: 05 61 83 04 79
Additional info: Lunch: Closed Mon & Tues
Prices: 16€(midi), 29€/38€

La Table d'Auberjon

Address: Chateau de la Pomarède, 11400 La Pomarède
Tel: 04 68 94 13 76
Additional info: Closed Mon & Tues
Prices: 23€(midi), 31€/39€

Le Seven

Address: 2 rue Charles Andre Bouille, 31250 Revel
Tel: 05 34 43 15 91
Additional info: Pizzeria. Closed Mon evening & Tues.

Restaurant La Terrasse de Riquet

Address: Boulv Pierre Paul Riquet, 31250 Saint Ferreol
Tel: 05 61 54 55 95
Additional info: Closed: Mon, Sun evenings
Prices: 15€ (weekday lunch)

Crepêrie Sucre et Sel

Address: 14 rue de Vaure, 31250 Revel.
Tel: 05 62 18 90 31
Additional info: Crêperie Bretonne. Closed Sun & Mon.

Brasserie du Rosier

Address: 4 Galerie du Levant, 31250 Revel.

Tel: 05 61 27 67 82

Additional info: By the market square in the centre of Revel.

L'Entre Vins

Address: 56 rue de Dreuilhe, 31250 Revel

Tel: 05 34 43 32 75

Additional info : Wine bar & Tapas. Open from 6pm Wed to Sun

Hôtellerie Abbaye Ecole Le Logis des Pères

Address: 18 rue Lacordaire, 81540 Sorèze.

Tel: 05 63 74 44 80

Additional info: Vegan menu

Prices: 21€ (weekday lunch), 9€ (children), 25€ (vegan), 29€/36€

Hôtellerie de la Montagne Noire

Address: 15 pl des Promenandes, 81110 Dourgne.

Tel: 05 63 50 31 12

Additional info: One Michelin fork

Prices: 14€ (weekday lunch), 17€(weekday)/27€

Hôtel Cap de Castel

Address: 36 r du Cap-de-Castel, 81700 Puylaurens.

Tel: 05 63 70 21 76

Additional info: One Red Michelin fork

Prices: 33€ Menu

Cuq en Terrasses

Address: 8 chemin de Château, 81470 Cuq Toulza.

Tel: 05 63 82 54 00

Additional info: Booking required. Vegetarian/Gluten Free Menus. One Red Michelin fork.

Prices: 19€(Children), 38€ Menu

Le Relais de Riquet

Address: 12 esplanade du Canal, Le Segala, 11320 La Bastide d'Anjou

Tel: 04 68 60 16 87

Additional info: Closed Mon, Tues evening & Sunday evening. Owner a trained Sommelier and very knowledgeable about wines. Has some very well reasonably prices wines too!

Prices: 13.5€(midi), 23€, 30€

Pas de Naurouze

Address: 80 routes de segala, Seuil de Narouze, 11320 Montferrand. (Near to the monument to Paul Riquet)

Tel: 04 68 23 31 15

Additional info: Advisable to book. Open Tues to Sun

Prices: 15€(midi), 21€, 29€

Auberge La Calèche

Address: rue Croix, 11400 Pyrens.

Tel: 04 68 60 40 13

Additional info: The chef (Philippe Solovieff) is a member of the 'confrérie du Cassoulet de Castelnaudary'

Prices: 15,50€/28€

Maison du Cassoulet

Address: 24 cours de la République, 11400 Castelnaudary

Tel : 04 68 23 27 23

Additional info: Open 7/7, lunchtime and evenings.

Le Tirou

Address: 90 av Monseigneur de Langle, 11400 Castelnaudary

Tel : 04 68 94 15 95

Additional info: Two Michelin Forks. Open during lunchtime only & closed Monday.

Prices: 26€ (weekday lunch), 34€,45€/68€

Le Moulin Vert

Address: 230 Rte de Toulouse (D6113) 11400 Castelnaudary.

Tel: 04 68 60 08 58

Additional Info: Closed all day Tues, Sunday evening. Meat and fish are prepared and grilled over a fire of wood embers in the dining room.

Hotel Restaurant du Centre et du Lauragais

Address: 31 cours République, 11400 Castelnaudary

Tel : 04 68 23 25 95

Additional info: Closed Sunday evening.

Prices: 19€ (weekday lunch), 29€/39€, 12€ - Children's menu.

Le Dragon

Address: 10, rue Maréchal Foch, Castelnaudary.

Tel: 04 68 23 33 61

Additional info: Chinese restaurant and take away. Closed Wed.

Le Kori II

Address: 67, Allée du Cassieu, Castelnaudary.

Additional info: Vietnamese/Chinese restaurant and take away. Closed Thurs.

Le Four

Address: 40 Rte de Saint Martin Lelande (D6113), Castelnaudary.

Tel: 04 68 94 89 33

Additional info: Closed Mon, Tues, Sun. By the roundabout towards Carcassonne.

La Marotte

Address: 31290 Gardouch

Tel: 05 61 27 19 46

Additional info: Traditional French cuisine. Closed Sun. & Mon. Reservation recommended to check they're open.

Casquette et Chapeau

Address: pl de la Republique, 11170 Montolieu
Tel: 04 68 24 76 72
Additional info: Tapas Bar/Rest,Vegan Menu. Closed Mon, Tues Lunch & Sun Eve

Le Bout du Monde

Address: Ferme de Rhodes, 11400 Verdun en Lauragais. GPS: Lat.43.3768555,Lon.2.0747852
Tel: 04 68 94 95 96
Additional info: Open Sat & Sun lunch, Mon to Sat evening. Auberge (and wine bar with music - Saturday evenings). Reservation advised.
Prices: Entrées 6-17€, Plats 17-32€. Large portions so make sure you starve beforehand.

La Goutine

Address: 10 r Goutine, 11300 Limoux
Tel: 04 68 74 34 07
Additional info: Organic Vegan Restaurant

Domaine Gayda

Address: route de Malviés, 11300 Brugairolles
Tel: 04 68 20 65 87
Additional info: Two Michelin Forks. Restaurant and wine producer. Wine tastings available.
Prices: 20€ (weekday lunch), 32€/42€

Château du Cavanac

Address:11570 Cavanac
Tel: 04 68 79 61 04
Additional info: Two Michelin forks. Closed Mon.
Prices: 45€ incl wine

La Table du Château de Pennautier

Address: La Metaire basse,11610 Pennautier
Tel: 04 68 25 63 48
Additional info: Bistro, wine tasting/shop. Closed Sun & Mon evening
Prices: Menu 19€,22€,29€

L'Ambrosia

Address: Carrefour la Madeleine, 11170 Pezens
Tel: 04 68 24 92 53
Additional info: Closed Mon, Wed lunch & Sun evening
Prices: Menu 25€(midi),39€/46€/50€

Bistrot Saveurs

Address: 5 rue ste-foy, 81100 Castres
Tel: 05 63 50 11 45
Chef: Simon Scott
Additional info: One Red Michelin Fork. Closed Sat & Sun
Prices: Lunch 20€ (weekdays), 35€/80€

Le Trivalou

Address: 69 r Trivalle, 11000 Carcassonne
Tel: 04 68 71 23 11
Additional info: Vegan menu. Closed Sun & Mon

Brasserie A Quatre Temps

Address: 2 blv Barbes, 11000 Carcassonne

Tel: 04 68 11 44 44

Additional info: Vegan menu. Brasserie owned by Franck Putelat

Bistro d'Auriac

Address: 2535 route de st. Hilaire, 11000 Carcassonne

Tel: 04 68 25 37 19

Additional info: Hotel with restaurant and golf course. Closed Sun evenings

Prices: 21€/46€

Le Bis Troquet

Address: 22 r Chartran, 11000 Carcassonne

Tel: 04 68 71 50 30

Additional info: Vegan menu. Closed Mon, Sat eve & Sun lunch

La Barbacane (Hôtel de la Cité)

Address: Place Auguste-Pierre-Pont, 11000 Carcassonne (in the Medieval Cité)

Tel: 04 68 71 98 71 (reservation required)

Chef: Jérôme Ryon

Additional info: Three Michelin Red Forks.

Prices: 38€ (weekday lunch) 95€/150€

Le Parc Franck Putelat **

Address: 80 Chemin des Anglais, 11000 Carcassonne (just outside the Medieval Cité)

Tel: 04 68 71 80 80

Chef: Franck Putelat

Additional info: Two Michelin Stars and Three Forks.

Prices: 39€ (weekday lunch) 91€/140€

Le Puits du Trésor *

Address: 21 rte Quatre Châteaux, 11600 Lastours

Tel : 04 68 77 50 24

Chef : Jean-Marc Boyer

Additional info: One Michelin Star and Two Forks. Closed Sun evening, Mon & Tues.

Prices: 47€/67€/93€

Château l'Hospitalet

Address: route de Narbonne Plage, 11100 Narbonne

Tel: 06 68 45 36 00

Chef: Laurent Chabert

Additional info: Vegetarian menu, Craft shops, wine tasting/shop. Closed Sun & Mon

Prices: 15€(children),27€(midi),35€,59€,79€

En Pleine Nature *

Address: 6 pl de la Mairie, 31130 Fonsegrives

Tel: 05 61 14 54 12

Chef: Sylvain Joffre

Additional info: One Michelin Star & Two Forks.

Prices: 30€ (weekday lunch), 43€/76€

L'Aparté *

Address: 21 r de l'Europe, 31850 Montrabé
Tel: 05 34 26 43 44
Chef: Jérémy Morin
Additional info: One Michelin Star & Two Forks.
Prices: 29€ (weekday lunch), 46€/80€

La Table des Merville *

Address: 3 pl Pierre Richard 31320 Castanet Tolosan
Tel: 05 62 71 24 25
Chef: Thierry Merville
Additional info: One Michelin Star & Two Forks. Open Tues – Sat
Prices: 22€ (weekday lunch), 50€/95€

En Marge *

Address: 1204 rte de Lacroix Falgarde 31320 Aureville
Tel: 05 61
Chef: Frank Rinimel
Additional info: One Michelin Star & Three Red Forks.
Prices: 34€/155€

Ô Saveurs *

Address: 8 place Ormeaux, 31180 Rouffiac-Tolosan
Tel: 05 34 27 10 11
Chef: Daniel Gonzalez & David Biasibetti
Additional info: One Michelin Star & Three Forks.
Prices: Menu 28€ (weekday lunch) 83€/105€

La Faim des Haricots

Address: 3 r du Puits Vert, 31000 Toulouse
Tel: 05 61 22 49 25
Additional info: Vegetarian, Vegan & Gluten free. Open 7/7 Lunch & Eve.

Py-r *

Address: 19 descente de la Halle aux Poissons, 31000 Toulouse
Tel: 05 61 25 51 52
Chef: Pierre Lambinon
Additional info: One Michelin Star & Two Red Forks. Closed Sat, Sun and Mon lunchtime.
Prices: 26€ (weekday lunch), 42€/62€

Les Jardins de l'Opera *

Address: 1 pl du Capitole, 31000 Toulouse
Tel: 05 61 53 07 24
Chef: Stéphane Tournie
Additional info: One Michelin Star & Three Forks.
Prices: 32€ (weekday lunch), 90€/100€

L'Amphitryon *

Address: Chemin de Gramont, 31770 Colomiers (10mins from Blagnac airport)
Tel: 05 61 15 55 55
Chef: Yannick Delpech
Additional info: one Michelin Star & Three Red Forks
Prices: 38€ (weekday lunch), 105€/150€

Michel Sarran **

Address: 21 boulevard Armand Duportal, 31000 Toulouse

Tel: 05 61 12 32 32

Chef: Michel Sarran

Additional info: Two Michelin Stars & Three Forks

Prices: 55€ (weekday lunch), 110€/145€

Auberge du Vieux Puits ***

Address: Avenue St Victor, 11360 Fontjoncouse

Tel: 04 68 44 07 37

Chef: Gilles Goujon

Additional info: Three Michelin Stars & Three Red Forks

Prices: 110€ (weekday lunch) 171€/187€